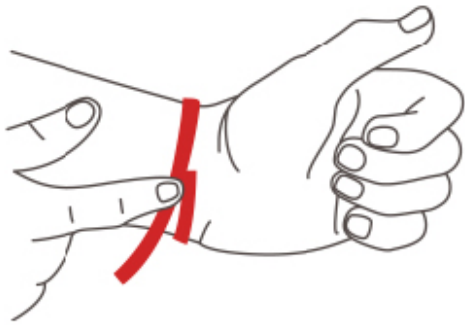
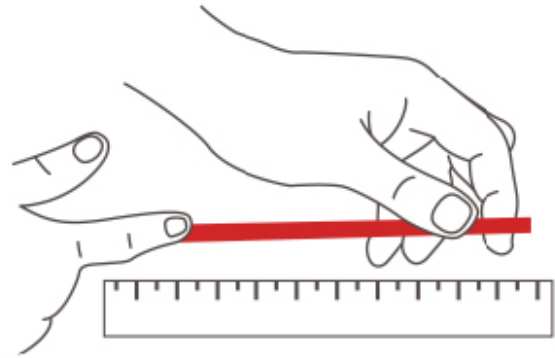


HOW TO MEASURE YOUR WRIST SIZE



1. Wrap the strip at the smallest part of your wrist



2. Measure it flat with a ruler